



## **Positive Youth Development**

- Youth are not "problems to be managed, but resources to be developed"
- "Problem free is not fully prepared"

## **Positive Youth Development**

- Youth live up to (or down to) our expectations
- Promote 5 C's of PYD: Confidence, Competence, Connection, Character, Caring/Compassion
- Strengths-Based relationship building:
  - What are you proud of? (What does your best friend like most about you?)
  - When you are stressed out, how do you cope with it? Who can you talk to?



